Adding objects from another document

This is a simple paragraph containing an image added from another document:

This is a simple paragraph added from another document, keeping its formatting:

**Main paragraph of Template document.**

This is a table added from another document, keeping its formatting:

|  |  |
| --- | --- |
| Mike | 65 |
| Kevin | 62 |
| Carl | 60 |
| Michael | 59 |
| Shawn | 57 |
| Mario | 54 |
| Max | 50 |
| Total for | 407 |