

EXPRESSIVE ARTS PROGRAM LEADER

Professional Experience

09/2014 to 06/2015

EXPRESSIVE ARTS PROGRAM LEADER City , State

- Formulated, proposed, and was authorized to implement "The Arts Project," a weekly therapeutic, expressive arts program for 10+ "at-risk" CPS middle school students residing in a low-income urban neighborhood.
- The Arts Project incorporates methods from evidence-informed therapeutic interventions to enhance social/emotional skills, self-esteem, grit, self-control & regulation, and to reduce stereotype threat.

09/2012 to 06/2014

Company Name i¼ City , State

- Designed & delivered curriculum for weekly coping skills sessions with groups of 20-50 early adolescents & their mentors Tailored sessions to address unique risk factors faced by our youth (e.g.
- community violence, chronic poverty, school dropout) Integrated therapeutic approaches from various evidence-based practices (DBT, CBT, Mindfulness-based Stress Reduction) Produced & administered usability, feasibility, and satisfaction forms for coping skills training attendees (staff, mentors, & mentees) Evaluated and amended curriculum based on youth, mentor, and staff feedback.

09/2012 to 08/2014

MENTOR SUPERVISION TEAM LEADER & SUPERVISOR City , State

- Developed measures and organized platforms for more than 50 mentors to report contact with mentee Conducted thorough interviews with potential mentors, youth participants, and parents of youth in the mentoring intervention so to arrange meaningful and lasting youth-mentor relationships Supervised up to 8 mentor-mentee pairs at a time; monitored and documented all contact & activities between pairs Combined forces with teachers and parents regularly to assess the needs of and establish protective resources for our youth Organized weekly meetings with each supervisee to problem-solve, provide support, and address conflicts or concerns regarding their mentoring relationship.

09/2012 to 06/2014

TEACHING ASSISTANT Company Name i¼ City , State

- Over the course of 6 academic terms, promoted engaging discussions, critical thinking, and a warm learning environment for groups of 50-60 undergraduate students enrolled in PSY-305 (a community-based service learning course).
- Was selected out of four graduate assistants to be "Head Teaching Assistant" of the course throughout 2013-14 academic year.

Education and Training

Present

MASTER OF SCIENCE : General Psychology Clinical Child DePaul University i¼ City , State GPA: GPA: 3.70 General Psychology Clinical Child GPA: 3.70

2012

BACHELOR OF ARTS : General Psychology Human Development DePaul University i¼ City , State GPA: GPA: 3.51 Awarded Dean's List- 6 academic terms General Psychology Human Development GPA: 3.51 Awarded Dean's List- 6 academic terms

Present

Mentor Training Certificate - Mentoring Central 2014 - Present Safe Zone Allies Training & BUILD Diversity Certification - DePaul University 2013 - Present TF-CBT & CTG adaptation Certificate (childhood traumatic grief) (Web) 2012 - Present Collaborative Institutional Training Initiative (CITI) : Human Subjects Human Subjects

Interests

2011 - 2012 Child Life Volunteer - Children's Memorial Hospital Chicago, IL 2009 - 2009 United Way Volunteer - Hearts of West Michigan United Way Grand Rapids, MI 2008 Animal Shelter Volunteer - Kent County Animal Shelter Grand Rapids, MI 2005 - 2006 Summer Camp Volunteer - SpringHill Camps Evart, MI

Personal Information

COMMUNITY LIVING SUPPORT PERSON MOKA Western Michigan Jun 2008 - Aug 2011 *Guided individuals with developmental disabilities in achieving personal goals, overcoming barriers, & participating in activities of their choice; recorded progress on skill development and achievement *Served as a role model and mentor; demonstrated and coached social and behavioral skill development *Prompted & praised the use of independent living skills, such as cooking, money management, household shopping, doing laundry, & personal hygiene

Additional Information

- COMMUNITY LIVING SUPPORT PERSON MOKA Western Michigan Jun 2008 - Aug 2011 Guided individuals with developmental disabilities in achieving personal goals, overcoming barriers, & participating in activities of their choice; recorded progress on skill development and achievement Served as a role model and mentor; demonstrated and coached social and behavioral skill development Prompted & praised the use of independent living skills, such as cooking, money management, household shopping, doing laundry, & personal hygiene VOLUNTEER EXPERIENCE 2011 - 2012 Child Life Volunteer - Children's Memorial Hospital Chicago, IL 2009 - 2009 United Way Volunteer - Hearts of West Michigan United Way Grand Rapids, MI 2008 Animal Shelter Volunteer - Kent County Animal Shelter Grand Rapids, MI 2005 - 2006 Summer Camp Volunteer - SpringHill Camps Evart, MI

Skills

academic, Arts, critical thinking, forms, International Business, Latin, meetings, Mentor, Mentoring, Psychology, Teaching, therapeutic

interventions, unique